

COACH JACKIE LEAVENWORTH

DISC TRAITS

D Dominant	I Influencing	S Steadiness	C Compliance
<p>Extroverted Task oriented Direct Fast Impatient Loves challenge Loves to win Goal oriented</p>	<p>Extroverted People oriented Talks a lot & fast Smiles a lot Needs to interact Needs to be liked Loves fun</p>	<p>Introvert People oriented Slow paced Calm Need to serve Needs steadiness Needs security Listens well</p>	<p>Introvert Task oriented Observant High standards Accurate Systemized Perfectionist Needs proof</p> <p>is fear</p>

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DISC EMOTIONS

Style	Primary need	Primary fear	Energized By	Reaction to conflict	Emotion under stress
D	To be in control	Being taken advantage of	Personal challenge	Fight	Anger & Impatience
I	Interaction Recognition	Social rejection	People	Flight	Optimism & Disorganization
S	To serve others	Loss of stability	Family Tradition Harmony	Give in	No emotion Possessiveness
C	High standards	Being criticized	Problem solving	Avoidance	Fear & Overly critical